



# MENTAL WELLNESS SUMMIT

## VIRTUAL SUMMIT TIMELINE

### MIDDLE YEARS 2021

00:00	Land Acknowledgement
00:48	Opening video
02:31	Opening remarks with <b><i>Ace Burpee and Suzi Friesen</i></b>
04:16	<b><i>Garden City Collegiate</i></b> Student Tik Tok
07:05	Student Interview with Manitoba's own musical phenom <b><i>Faouzia</i></b>
13:45	Professional fan <b><i>Cameron Hughes</i></b> talks with local music artist <b><i>Don Amero</i></b> about sharing your gifts
22:48	<b><i>Great Wooden Trio</i></b> Storyteller - The Nightingale and the Crow
30:53	<b><i>Movement Break with Ace Burpee and Ainsley McSorley</i></b>
36:36	Thoughtful Moments with local comedian <b><i>Big Daddy Tazz</i></b>
40:46	Student Interview with Project 11 ambassador and Jets alum <b><i>Mark Stuart</i></b> and Manitoba Moose Assistant Coach <b><i>Marty Johnston</i></b>
46:59	Interview with Winnipeg Jets #3 <b><i>Tucker Poolman</i></b>
49:15	Illusionist <b><i>Darcy Oake</i></b> with Manitoba Moose Head Coach <b><i>Pascal Vincent</i></b>
56:22	Interview with Olympian and soccer star <b><i>Desiree Scott</i></b>
59:03	Interview with Winnipeg Jets #2 <b><i>Dylan DeMelo</i></b>
1.01:14	Message from <b><i>Kevin Chief</i></b>
1.04:01	<b><i>Movement Break with the Norman Chief Dancers</i></b>
1.09:06	Professional point of view with <b><i>Dr. Meaghan Johnston</i></b>
1.12:59	Message from Manitoba Moose #32 <b><i>Kamerin Nault</i></b>
1.14:53	Story with <b><i>Kim Davis</i></b> NHL's Executive VP of Social Impact, Growth Initiatives and Legislative Affairs
1.20:23	Interview with Winnipeg Jets #88 <b><i>Nate Beaulieu</i></b>
1.23:23	<b><i>Movement Break with Winnipeg Punjabi Arts Academy Instructors Ranveer and Arun</i></b>
1.27:25	Closing remarks with Ace and Suzi
1.28:56	Peg-City Re-Mix with <b><i>Sher-e-Punjab Winnipeg, Winnipeg Bhangra Club, Winnipeg Punjabi Arts Academy</i></b>